



Effectively Facilitating a Small Group

Program Structure

First Small Group: CHECK-IN (30 mins)

Follow CHECK-IN “First Small Group” handout, side one

As a small group facilitator, your job is to:

1. Model the Group check-in
2. Make sure that each member
 - completes check-in (problem identification only, NO problem-solving)
 - has enough time to do their check-in
 - write court and support needs during break

Second Small Group: PLAN AND SUPPORT (40 mins)

Follow Plan and Support “Second Small Group” handout, side two

As a small group facilitator, your job is to:

3. Model your Plan and Support
4. Make sure that each member
 - completes Plan and Support small step sheet
 - has enough time for their Plan and Support

SMALL STEPS need to be:

1. Measurable
2. Specific
3. Consistent with Stand
4. Planned and Supported
5. Proactive (rather than reactive)

Tools to use as a Small Group Facilitator:

1. Time management
2. Brainstorming – other group members give examples of stands and small steps
3. Confrontation – question behaviors, stands, small steps, plan and support
4. Humor, Empathy, and Patience
5. Praise for successful small step changes

A GOOD Small Group Facilitator provides the environment for parents to change by:

1. Following structure
2. Ensuring everyone is supported
3. Effective use of tools